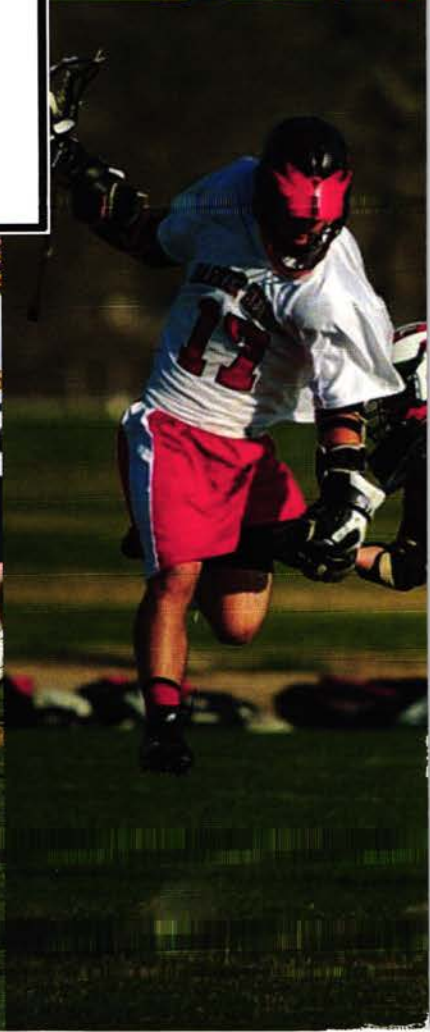




2009 Texas High School Lacrosse League Championships

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May 15 - 17, 2009



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Westchester High School- All Sessions

Austin

June 15-18

Grades 3-7: 8am-12noon

Grades 8-11: 4pm-8pm

Murchison Middle School- Morning Session

JCAA- Afternoon Session



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Texas High School Lacrosse League



Players, Coaches, Parents and Fans,

Welcome to the 21st Annual THSSL Boys Division I and II championships. We appreciate your attendance and trust you are in for two wonderful days of lacrosse and sportsmanship of the highest caliber.

THSSL is comprised of over 70 member schools and provides a home to over 2,500 young men in grades 9th through 12th. A positive experience in high school lacrosse can provide motivation for success – in lacrosse, the classroom, and life in general; help build self-esteem and confidence; teach teamwork and discipline; promote pride and belonging, and offer an excellent avenue for exercise and recreation.

THSSL's Guiding Principles are as follows:

1. Creating a structured environment in which student athletes, coaches, administrators, and parents benefit from an organization which facilitates the growth and rewards of playing lacrosse.
2. Promoting and protecting the health of participating student athletes by establishing uniform rules of play and cultivating the ideals of good sportsmanship, loyalty and fair play.
3. Working in harmony with the interscholastic governing bodies of member school programs.
4. Establishing and maintaining a process for continuous improvement of the league, by working with member schools.
5. Building school based boy's lacrosse teams in Texas.

THSSL is only as successful as its volunteers. If you serve as a board member or committee member of your son's lacrosse program or as a board member or district committee member for THSSL – thank you! If you don't, please consider getting more involved. Contact your program President or Head Coach. And don't just volunteer while you son plays; pay back to the sport that gave so much to your son by volunteering after he graduates. It is often these volunteers that add the most value as their bias is minimized once their son moves on.

I want to congratulate the 8 programs that are participating in the 2009 THSSL State Championship Weekend. It takes a total program effort to compete at the level required to make it to the state tournament.

And finally, I want to thank the THSSL Central District lacrosse clubs as hosts, Tournament Director (and former THSSL Commissioner) Lee Smith, Assistant Directors David Hamill (former THSSL Commissioner and DII Central Coordinator) and Al Picazo (THSSL DI Central Coordinator), Austin ISD Athletic Director Tommy Cox and Assistant Athletic Director Mike Szmarek.

Enjoy the game, enjoy the moment!

Sincerely,

Jay R. Widdig
THSSL Commissioner

THSLL District Play-Off Summary Division I

North

First Round

Dallas Jesuit 6 vs. Plano 5
Episcopal Dallas 10 vs. Southlake

Semi-Finals

Episcopal Dallas vs. St. Mark's
Dallas Jesuit vs. Highland Park

Central

First Round

Cedar Park 13 vs. Westwood 12
Bowie 10 vs. Westlake 8

Semi-Finals

Bowie vs. Austin
Cedar Park vs. McNeil

South

First Round

Strake Jesuit 11 vs. Woodlands 6
St. John's 4 vs. Episcopal Houston 3

Finals

Strake Jesuit vs. St. John's

THSLL District Play-Off Summary Division II

North

Semi-Finals

Greenhill vs. Plano West
Coppell vs. Highland Park D2

Central

Semi-Finals

Harker Heights vs. McCallum
Westwood 2 vs. Stony Point

South

First Round

SWLC 10 vs. St. Thomas 6
Klein 7 vs. Cy-Fair 6
Memorial vs.
Clear Lake vs.

Semi-Finals

SWLC vs. Clear Lake
Klein vs. Memorial

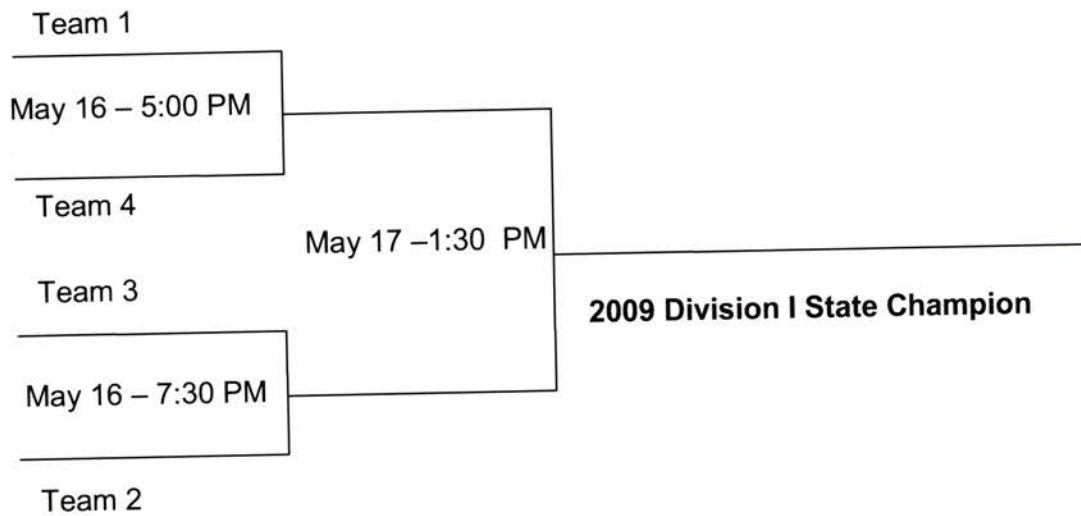
San Antonio

Semi-Finals

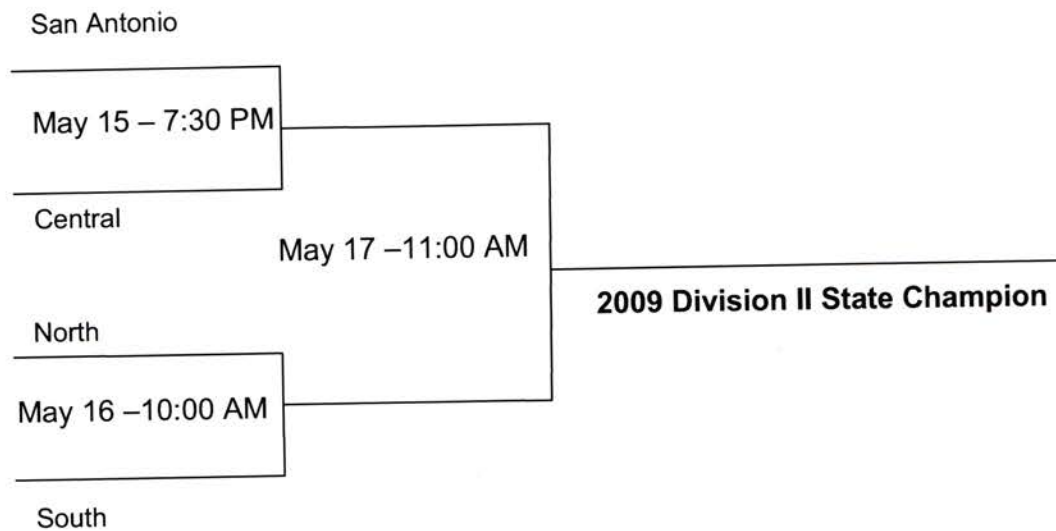
Central Catholic vs. Alamo Heights
TMI vs. Reagan

2009 THSLL Championship Schedule

DIVISION I



DIVISION II



2009 Texas High School Lacrosse League Awards

SWLOA Award

Patterson Cup

Awarded to the THSLL team that consistently displayed the best sportsmanship during the season.

Winner: Highland Park

THSLL Awards

Commissioner's Award

In recognition of his efforts to further sportsmanship and the highest of ideals held by the THSLL.

Presented to: Connor Ryan Greenhill 2009

Coach of the Year

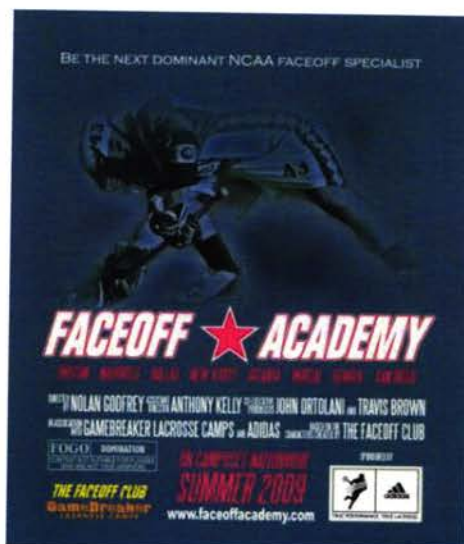
North	Jeff Hollway	Greenhill
South	Mike Newton	Memorial
Central	Chris Mele	McNeil
San Antonio	Nathan Torok	St. Anthony's

Assistant Coach of the Year

North	Denis Lambert	Plano
South	Dave Hawkins	Lamar
Central	Neil Austria	Lake Travis
San Antonio	Charles Gramatges	Texas Military Institute

Man of the Year

North	Edie Lycke	BRIDGE-Dallas
South	Joseph A. Donoghue	D1 Coordinator
Central	Dave Hamill	D2 Coordinator
San Antonio	Janeen Kellog	Madison HS



2009 US Lacrosse Awards



Man of the Year

Winner: Edie Lycke BRIDGE-Dallas

Coach of the Year

Winner: Mike Newton Memorial

Assistant Coach of the Year

Winner: Denis Lambert Plano

All-Americans

Player	Position	School	Class	College
Cody Solaja	Defenseman	Episcopal Dallas	2009	Hofstra University
Ross Gillum	Attackman	Plano HS	2009	Cornell University
Basil Kostaras	Midfield	Episcopal Dallas	2009	Quinnipiac University
Austin Mai	Midfield	Highland Park	2009	University of Texas
Jeff Perkins	Attack	St. Mark's	2010	
Chris Hipps	Defenseman	Highland Park	2010	

Academic All-Americans


North	Kevin Hedrick	Hillcrest	2009
South	Peter Spradling	Kinkaid School	2009
Central	Evan Greif	Saint Mary's Hall	2009

National Senior Showcase – June 19-20 – Bryant University, Providence, R.I.

Nominees

Cody Solaja	Defenseman	Dallas Episcopal	2009	Hofstra University
Ross Gillum	Attackman	Plano	2009	Cornell University

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Texas High School Lacrosse League Awards

The Patterson Award

Annual award named in honor of Bob Patterson, former President and Chief Referee of the Southwest Lacrosse Officials Association (SWLOA). Each year SWLOA membership selects a men's high school program for their sportsmanship, quality of play, respect for the game's character, and the honor they bring to the sport.

2008 – Friendswood
2007 – Greenhill
2006 – St. Marks
2005 - St. Marks
2004 – No selection
2003 – Episcopal School of Dallas
2002 – No selection
2001 – No selection
2000 – Kingwood
1999 – McCallum

Coach of the Year

2008 - Dave Seale, The Woodlands
2007 – Andy Garrigan, Austin
2006 – Scott Aubin, McCallum
2005 – Derek Thompson
2004 – John Gilbert
2003 – Hayward Lee
2002 – No Award
2001 – No Award
2000 – Hayward Lee, Episcopal School Dallas
1999 – Tom Nolan III, Dallas Jesuit
1998 – Earl Bill, St. Mary's Hall
1997 – Bryan Lawson Jr., KinKaid
1996 – Sam Chambers, St. Johns
1995 - Earl Bill, St. Mary's Hall
1994 – Drew Hewitt, Bellaire
Rob Braceland, Plano
1993 – Mike Shade
Peter Lehle, Episcopal School Houston
1992 - Drew Hewitt, Bellaire
Tony Kimmey, Dallas Jesuit
1991 – Dick Kermer, Berkner
1990 – Rich Weigand, Austin
1989 – Dave Vollmer
Dave Vaness, Lamar

Man of the Year

2008 - Stobie Whitmore, St. Johns
2006 – Sam Chambers, St. Johns

Assistant Coach of the Year

2008 - Joe Siedlecki, Austin
2006 – Jimmy Brooks, Episcopal School Houston

Representatives to the US National North vs. SOUTH All Star Game

2008 - Alex Hardt, Episocopal Dallas
2007 - Sam Stevenson, Southlake Carroll
Rhett miller, Episopal School of Dallas
2006 - Tom Palesky, Plano
Andy Gagel, St. Johns
2005 - Matt Fritts, Highland Park
Drew Lassiter, St. Marks
2004 - Michael Carrington, Episcopal School Houston
Rob Wellington, Highland Park
2003 - Juan Carlos Almerido, St. marks
2002 – Inactive
2001 – Ben Compton, Highland Park
2000 – Tyler Turlington, St. Mary's Hall
1999 – Greg Bice, St. Mary's Hall
1998 – Robert Elder, St. Johns
1997 – Macleb Marshall, KinKaid
1996 – Brian Brantley, KinKaid
Sam Chambers, Coach, St. Johns
1995 – Andy Parker, Lamar
1994 – Daniel Hoverman, Austin

THSLL Commissioners

2007-2009 – Jay Widdig
2005-2007 – David Hamill
2002-2005 – Mike Crimmons
1999-2001 – Chris Peters
1997-1998 – David Vollmer
1995-1996 – Earl Bill
1993-1994 – Lee Smith
1989-1992 – Randy Bryant

High School All-Americans

2008

Johnny McKnight, Highland Park
Alex Hardt, Episcopal Dallas
D.J. Sprenger, Episcopal Dallas
James Blair, St. Mark's
R.J. Lucas, Austin
Paul Taylor, St. Mary's Hall
Cody Solaja, Episcopal Dallas
Ross Gillum, Plano

2007

George Lauinger, St. Mark's
Rhett Miller, Episcopal Dallas
Sam Stevenson, Southlake Carroll
Spencer Branch, St. Mark's
Neat Clark, Episcopal High School
Byron Lanford, Kinkaid
William Lawson, Highland Park
Alex Hardt, Episcopal Dallas

2006

Chris Root, St. John's
Andy Gagel, St. John's
Deets Hoffman, St. John's
Tom Palesky, Plano
George Jordan, St. Mark's
Charlie Dickenson, Highland Park
John Dickenson, Highland Park
Cole Erickson, Episcopal Dallas

2005

Matt Fritts, Highland Park
Andy Gagel, St. Johns
Phillip Johnson, Jesuit
Drew Lassiter, St. Mark's
William Manning, Episcopal Dallas
Chris Root, St. John's
Tommy Shuey, Highland Park
Neth Weidman, Episcopal Dallas

2004

Max Atherton, Saint Mary's Hall
Michael Carrington, Episcopal Houston
Gregory Clement, Episcopal Dallas
Matthew Fritts, Highland Park
Stephen Gibbs, Episcopal Houston
Drew Web, Episcopal Houston
Jim Weiss, Lamar
Rob Wellington, Highland Park

2003

Juan Carlos Almerido, St. Mark's
Chase Erickson, Episcopal Dallas
Joe Hamill, Austin
Jake Henderson, Westwood
Drew Webb, Episcopal Houston
Jim Weiss, Lamar

2002

Matt Moncrief, Episcopal Houston
Carlos Mavarro, Episcopal Dallas

2001

Reeves Craig, St. Mary's Hall
Campbell Eifler, St. John's

2000

Travis Bryan, Lamar
Tom Nolan IV, Dallas Episcopal

1999

Greg Bice, St. Mary's Hall
Troy Fine, Kingwood

1998

Robert Eifler, St. John's
Garret Cox, St. Mary's Hall

1997

Jeff Fellows, Dallas Jesuit

1996

Brian Brantley, Episcopal Houston

1995

Derrick Daugherty, Westwood

1994

Daniel Hoverman, Austin



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THSLL Championship Results

Division I Championship Results

2008 in Houston

Highland Park 12 vs Austin 3
Woodlands 7 vs Episcopal School of Dallas 8
Highland Park 9 vs. Episcopal Dallas 3

2007 in Dallas

Episcopal Dallas 13 vs. Austin 5
St. Mark's 12 vs. Kinkaid 4
Episcopal Dallas 7 vs. St. Mark's 5

2006 in San Antonio

St John's 11 vs. Episcopal Dallas 9

2005 in Houston

Highland Park 14 vs. McNeil 3
Episcopal Dallas 14 vs. St. John's 5
Highland Park 7 vs. Episcopal Dallas 6

2004 in Dallas

Episcopal Houston 7 vs. Highland Park 13
St John's 8 vs. St Mary's Hall 12
Highland Park 14 vs. St Mary's Hall 4

2003 in Cedar Park

St. Mary's Hall 8 vs. Episcopal Houston 10
St. John's 10 vs. Episcopal Dallas 11
Episcopal Dallas 13 vs. Episcopal Houston 6

2002 in Houston

Episcopal Dallas 10 vs. St. Mary's Hall 5
Dallas Jesuit 8 vs. Episcopal Houston 7
Episcopal Dallas 10 vs. Dallas Jesuit 5

2001 in Dallas

Lamar 6 vs. St. Mary's Hall 5 OT
St. John's 15 vs. Highland Park 10
St. John's 8 vs. Lamar 7

2000 in Austin

St. Mary's Hall 11 vs. Highland Park 5
St. John's 14 vs. Dallas Jesuit 8
St. Mary's Hall 9 vs. St. John's 8

1999 in Houston

St. Mary's Hall 10 vs. St. John's 8
Dallas Jesuit 9 vs. Kingwood 0
St. Mary's Hall 11 vs. Dallas Jesuit 5

1998 in Dallas

St. Mary's Hall 8 vs. Lamar 5
St John's 10 vs. Dallas Jesuit 5
St Mary's Hall 15 vs. St John's 11

1997 in Austin

Kinkaid 12 vs. Dallas Jesuit 5
St Mary's Hall 9 vs. St John's 7
Kinkaid 8 vs. St Mary's Hall 3

1996 in Houston

St Johns 5 vs. Dallas Jesuit 3
Kinkaid 8 vs. Westwood 7
Kinkaid 8 vs. St John's 4

1995 in Dallas

Lamar 7 vs. Bellaire 0
St. Mary's Hall 8 vs. Westwood 7
Lamar 6 vs. St Mary's Hall 1

1994 in Austin

Austin 12 vs. Westwood 5
Bellaire 5 vs. Episcopal Houston 2
Austin 13 vs. Bellaire 9

1993 in Houston

Austin 18 vs. Dallas Jesuit 7
Episcopal Houston 7 vs. Lamar 5
Austin 9 vs. Episcopal Houston 8

1992 in Dallas

Episcopal Houston 13 vs. St John's
Plano 9 vs. Westwood 8
Episcopal Houston 9 vs. Plano 7

1991 in Austin

Episcopal Houston 7 vs. St John's 4
Westwood 9 vs. Plano 8
Episcopal Houston 8 vs. Westwood 5

1990 in Houston

St. John's 7 vs. Kinkaid 6
Episcopal Houston 5 vs. Westwood 3
St John's 7 vs. Episcopal Houston 4

1989 in Houston

Lamar 8 vs. Memorial 6
St John's 11 vs. Westlake 7
Lamar 10 vs. St John's 4

Division II Championship Results

2008 in Houston

Highland Park II 10 vs. Cedar Park 8
Cy-Fair 15 vs. Coppell 13
Highland Park II 17 Cy-Fair 11

2007 in Dallas

Cy-Fair 18 vs. St Stephens 13
Highland Park II 13 vs. Stratford 5
Cy-Fair 18 vs. Highland Park II 13

2006 in San Antonio

Cy-Fair 20 vs. Allen 12
Klein 12 vs. Bowie 10
Klein 11 vs. Cy-Fair 9

2005 in Houston

Plano East 13 vs. Stratford 6
Plano West 17 vs. St. Anthony's 6
Plano West 13 vs. Plano East 12

2004 in Dallas

St Anthony's 7 vs. Plano East 4
Westside 9 vs. Plano West 8
Westside 8 vs. St Anthony's 7 OT

2003 in Cedar Park

Cy-Fair 6 vs. C.E. Byrd (LA) 4
Strake Jesuit 14 vs. McCallum 2
Strake Jesuit 14 vs. Cy-Fair 8

2002 in Houston

C.E. Byrd (LA) 9 vs. McCallum 7
Strake Jesuit 17 vs. Bowie 8
Strake Jesuit 12 vs. C.E. Byrd (LA) 5

2001 in Dallas

C.E. Byrd (LA) 6 Clear Lake 5
Bellaire 10 vs. Plano East 2
Bellaire 13 vs. C.E. Byrd (LA) 3



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2009 North District – Division I Texas High School Lacrosse League

ALL-STATE

Position	Player	Team	Year
Attack	Ross Gillum	Plano	2009
Attack	Kevin Fritts	Highland Park	2009
Attack	Jeff Perkins	St. Mark's	2010
Midfield	Sam Crain	Jesuit	2009
Midfield	Basil Kostaras	Episcopal Dallas	2009
Midfield	Austin Mai	Highland Park	2009
Midfield	Chase Prospere	Highland Park	2010
Midfield	Fred Addy	St. Mark's	2010
Face-off	Briggs Montgomery	Highland Park	2009
Defense	Cody Solaja	Episcopal Dallas	2009
Defense	Chris Hipps	Highland Park	2010
Defense (LSM)	Charlie Goodman	St. Mark's	2009
Goal	Jordan Lee	Highland Park	2010

ALL-DISTRICT

Position	Player	Team	Year
Attack	Will Ziegler	Highland Park	2009
Attack	Philip Wagley	Episcopal Dallas	2011
Attack	Charles Branch	St. Mark's	2010
Midfield	Matt Segler	Plano	2009
Midfield	Chris Considine	Jesuit	2009
Midfield	Will Bass	Episcopal Dallas	2009
Midfield	Dillon Zweifel	Highland Park	2009
Midfield	Elliott Chang-Tung	St. Mark's	2010
Face-off	Reece Dinkins	Episcopal Dallas	2010
Defense	Cody Walker	Highland Park	2009
Defense	Doug Noah	Jesuit	2010
Defense	Noah Bricker	St. Mark's	2010
Goal	Austin Black	Plano	2009

SEASON SUMMARY

Once again, the 2009 season has been very strong in the North District with an overall record in Inter-District play of 8-3 and a very impressive 10-4 record against some very talented out-of-state teams. Five (5) of the top six (6) positions on LaxPower Division 1 are held by North District teams. The following is a summary of each team as provided by their individual coaches:

Highland Park (12-1) 2008 State Champion - Coming into this year, we knew this year's Highland Park team would be talented so the coaching staff tried to challenge our players with an extremely competitive regular season schedule. We hope this tough out-of-state competition has prepared us well for our stretch run and our district playoffs. It has been a great season so far and it appears we are playing our best lacrosse of the year right now. So, hopefully our players continue to rise up to the challenges ahead because we know it is going to take one heck of an effort to advance out of the Dallas district this year.

St. Mark's School (14-2) - St. Mark's has once again earned a spot among the elite programs in the state. At press time the Lions sit with a 14-2 record, with only losses against St. Mary's (MD) and Highland Park. The highlight of the season so far was at the SPC Championship Tournament, where the Lions defeated Episcopal Houston and ESD to win their 5th SPC Championship in 6 years. The team can be characterized by an unselfish, balanced motion offense with contributions from many players (at press time there are 11 players with double digit points) and a disciplined man to man defense. At press time the Lions sit at 3-1 in district with wins over ESD, Plano, and Jesuit.

Episcopal School of Dallas (12-5) - The Episcopal School of Dallas heads into the post season with a record of 11-3. The Eagles started the season off with a 7 game winning streak, outscoring their opponents 80-20. ESD lost a hard fought battle with cross-town rival St. Marks and will face The Scots from Highland Park on April 22nd. The Eagle's head into the SPC Championship weekend ranked #2 in the North and are looking to defend their crown as SPC Champions. The Eagles are led by captains, Basil Kostaras (Quinnipiac University), Thomas Moore, Will Bass, and Cody Solaja (Hofstra University).

Plano (7-5) - The injury bug bit hard in January as we lost three seniors for at least half the season due to a thumb, an ankle and a knee injury. Our returning defense was now a project that would take time to develop. Dropping 2 of our first 3 games put a sense of urgency into the season as we went into our spring break trip to Arizona. Playing the top three teams we won all games with one going to overtime. It was back to Texas and a weekend trip to Austin to play two games on Saturday against Mc Neil and Bowie. Out with two wins we were ready to play St Marks on April 1st. We hung in for the first half but too many unforced errors opened the game up. Next step was trip to Houston for two games against St John's and the Woodlands. A double overtime loss to St John's provided confidence to beat the Woodlands by one. After weekends in Austin and Houston we were looking forward to playing back in Dallas. Next up was Highland Park. They played very well and we committed too many un-forced errors to keep it a game. We moved on to Southlake where we played well for portions of the game and came away with a win. A win over Hillcrest in a weather shortened game left us ready for Jesuit. Fighting for home field advantage in the first round of the play-offs seems to be the story for the third year in a row. Our attack was led by Ross Gillum who provided our offensive spark. At the mid-field we were led by Matt Segler. The defense was led by Justin Boyde and Goalie Austin Black.

Dallas Jesuit (10-4) - Going into the last week of district play, Dallas Jesuit has compiled an impressive record of thirteen (13) wins and four (4) losses. Three (3) of the four (4) losses were by a goal. The highlight of Jesuit's regular season was their impressive three (3) win, one (1) loss performance in the renowned Jesuit Lacrosse Classic held in Washington D.C. at Georgetown Prep during spring break. The team performed very well at both ends of the field during the Jesuit Classic against very strong out of state competition. Jesuit is a senior laden team with experience at each position. Jesuit's success this year has been the result of an excellent defense led by senior goalie Reed Oliver and senior defenseman Pat McGrath and a disciplined offense led by seniors Sam Crain, Chris Considine and Patrick McGuire. The Rangers played a very competitive regular season schedule this year in hopes that it would prepare them for the many challenges they will encounter in the North District playoffs.

Southlake (7-9) - Coming into this season, Southlake Carroll knew their lineup would feature a number of new faces taking on new and increased roles. Despite their youth, the 2009 edition of Dragon lacrosse has more than doubled the total number of wins from 2008. In addition to their competitive schedule within the state, Southlake represented Texas well during a road trip to Florida where they earned three wins in four games. In the offensive end, the Dragons have been led by senior attackman Connor Lehane, junior attackman Ben Shipowitz, and sophomore midfielder Paul Stevenson, who have each tallied more than forty points this season. The defense has been led by senior defenseman Kris Hall, and junior goaltender Tad Schmidt who has registered over two hundred saves this season.

2009 North District-Division II Texas High School Lacrosse League

ALL-STATE

Position	Player	Team	Year
Attack	Graham Sharp	Plano West	2009
Attack	Parker Brown	HPII	2010
Attack	Trent Dennington	Coppell	2011
Midfield	Alex Stern	Greenhill	2009
Midfield	Andy Cabellero	Hillcrest	2009
Midfield	Monty Gumble	McKinney	2009
Midfield	Will Merritt	HPII	2010
Midfield	Tyler Landis	Coppell	2011
LSM	Nick Barber	Greenhill	2010
Defense	Garrett Westhoff	Plano West	2010
Defense	Peyton Porter	Coppell	2010
Defense	Bragg Smith	HPII	2011
Goal	Jonathon O'Reilly	Plano West	2009

ALL-DISTRICT

Position	Player	Team	Year
Attack	Peter Travis	Coppell	2009
Attack	John Casmedes	Plano West	2009
Attack	Ben Smith	Allen	2009
Midfield	Will Musselman	Greenhill	2009
Midfield	Luke Fechman	Hillcrest	2010
Midfield	Charlie Foose	HPII	2010
Midfield	Nate Clark	McKinney	2011
Mid/FO	Jordan Schochet	Plano West	2011
LSM	Jeremy O'Keefe	Allen	2011
Defense	Blake Morell	Hillcrest	2009
Defense	Hunter Moeller	HPII	2011
Defense	Brandon Mullins	Coppell	2011
Goal	Connor Ryan	Greenhill	2009

SEASON SUMMARY

The year 2009 marked the first year that the North District had a Division II comprised solely of North Texas teams. With the formation of the DIII programs and the Louisiana teams forming their own district, the North is now made up of 8 teams. The season results came right up to the last week with 6 teams vying for the top 4 playoff spots.

#1 Plano West (7-0) - Behind first year head coach Rashad Devoe and a strong support staff, PW was able to go undefeated in District play. The Wolves, 8-1 overall, suffered their only loss of the season against a strong Division I ESD team. Seniors including Graham Sharp, Jonathon O'Reilly, John Casmedes, and Evan Pixley will be moving on, but the program has a number of rising underclassmen who are prepared to step up. Players to watch include Garrett Westhoff, Jordan Schochet, Luke Rivera, and Nathan Pardee.

#2 Highland Park (5-2) - HP enjoys a program filled with talented players and have built a strong DII team able to compete with most any team in the state at any level. With an overall record of 9-2, their only losses of the season came in district play against #1 Plano West and a disappointing regular season ending loss to a very good Greenhill team. The Scots are a young team, boasting such players as Juniors Parker Brown, Will Merritt, Charlie Foose, Dillon Cook and Drew Obenchain, and Sophomores Bragg Smith and Hunter Moeller. Coach Ross Thomson has plenty of talent to build upon for the future.

#3 Coppell (5-2) - Coppell continues to build a quality program which includes players, coaches, a growing youth program and program supporters alike. First year coach Gary Dennington brings years of playing and coaching talent to Coppell and it shows. The Cowboys went 10-3 overall, with losses also to ESD, HPII by one goal, and Plano West by 2 in their season finale. This is also a young team with key play out of underclassmen such as Tyler Landis, Brandon Mullins, Peyton Porter, Trent Dennington, Travis DeSerrano, Nate Hruby and Sammy Johnson. Seniors including Peter Travis and Tucker Nichols will be missed for their contribution to this growing program.

#4 Greenhill (4-3) - District Coach of the Year Jeff Hollway did not allow his team to give up on themselves despite experiencing mixed results during the season. Greenhill lost a couple of tough games in their 9-7 season that they felt they could have won. But they finished the regular season on a high note with a big win against #2 HPII, which helped them qualify for post season play. Behind the leadership of seniors Connor Ryan, Alex Stern, and Will Musselman, and strong play by underclassmen Nick Barber, John Solowiej, Oliver Patten, Tripp Russ, Max McKamy and Brett Gage, the Hornets enjoyed a winning season.

#5 Hillcrest (3-4) - The Panthers were on the bubble for post season play but came up just short. This Hillcrest program has had many years under the leadership of Bill Elliott and his staff and were certainly hopeful of making the playoffs. But with play out of such players as Seniors Andy Cabellero, Blake Morell, Robert Metts, Kevin Hedrick, and Evan Wakefield, they have set a standard for the future of this program. Players to keep an eye on next year include Luke Fechman and Trevor Atkins among others.

#6 Allen (2-5) - After making the finals of the post season conference playoffs in 2008, Allen was hopeful of making a repeat. Unfortunately it was not the season for the Eagles. Under seventh year head coach Mark Baggett, the Eagles ended the season at 6-9 overall and missed the playoffs. A large group of graduating seniors including Ben Smith, Brian Ishmael, and Adam Simchik will be filled with up and coming players such as Jeremy O'Keefe and Michael Puckett. The Eagles will be looking to make their mark again next year.

#7 McKinney (1-6) - In their third year of lacrosse, the McKinney continues to develop and is showing continued progress. With teams now starting at the Bantam 3-4 grade level, the future is positive for McKinney. Coach Brendan Carney brought the Lions to a 7-7 season overall. They will be graduating only seven players, including Monty Gumble and Jacob Deshaies, but will have a large returning squad to build upon. Players such as Nate Clark and Jack McKane will help take this program to the next level.

#8 Plano East (1-6) - This was a tough year for a PESH program that has experienced better years. The Panthers ended the season 4-10 under first year coach Michael Finley. Plano East will be graduating 12 seniors this year, including post season honoree Dominique Turner. After making the state playoffs two years running only 4 years ago, the Panthers look forward to returning to their winning ways.

2009 South District – Division I Texas High School Lacrosse League

ALL-STATE

Position	Player	Team	Year
Attack	Alec Hirvela	Woodlands	2009
Attack	Colin Schopher	Kingwood	2009
Attack	Patrick Wilkey	St. John's	2009
Midfield	Andrew Martin	Strake Jesuit	2009
Midfield	Clarke Lewis	Woodlands	2009
Midfield	Reed Daniel	St. John's	2009
Midfield	Zach Stoler	Kinkaid	2009
Face-off	Parker Mason	Episcopal Houston	2009
LSM	John Rex Potts	Strake Jesuit	2009
Defense	Matt Ryan	Kinkaid	2009
Defense	Mike Linter	Episcopal Houston	2010
Defense	Sean Finney	Woodlands	2009
Goal	Henry Waller	St. John's	2009

ALL-DISTRICT

Position	Player	Team	Year
Attack	Jarrett Wadler	Kinkaid	2009
Attack	Nick Golden	Lamar	2009
Attack	Chris Duin	Strake Jesuit	2010
Midfield	Joey Wippold	Strake Jesuit	2010
Midfield	Ryan Conlon	Woodlands	2009
Midfield	Will Alderman	Episcopal Houston	2009
Midfield	Zach Gaitz	St. John's	2010
Face-off	Graham Bayley	Kinkaid	2011
LSM	William Wallace	Kinkaid	2011
Defense	Clayton Cruthirds	Lamar	2009
Defense	John Ytterberg	St. John's	2010
Defense	Ryan Cordill	St. John's	2009
Goal	Jack McDaniel	Episcopal Houston	2009

SEASON SUMMARY

If you like close games, the South District Division I was the place to be in 2009 with many important games being decided by one or two goals or decided in overtime. Although the St. John's Mavericks completed their district schedule undefeated, there were a number of extra close calls including a double overtime game against Episcopal Houston (8-7), another double overtime win against Plano a few days later (8-7), a two goal victory against Kinkaid (7-5) and a (9-6) win against Strake Jesuit. St. John's success in close games was due in no small part to the performance of senior goaltender, All-State award winner and All-American nominee Henry Waller. The Maverick goalie also came up big in the district semi-finals by allowing only three goals against Episcopal Houston (4-3) and advancing St. John's to the District Championships for the first time since 2007. Patrick Wilkey at attack and middle Reed Daniel also earned All-State honors with John Ytterberg (defense), Ryan Cordill (defense), William Wallace (Long Stick Midfield) and Zach Gaitz (Midfield) all gaining All-District honors.

Strake Jesuit strung together some nice victories at the end of the season to earn a second seed in the District playoffs and advancing to the District Championship for a second year in a row. Strake opened district play with a win over Lamar (12-5) but then dropped two in a row to St. John's (6-9) and Kinkaid (8-11). Their fortunes turned around however beginning in April by winning three straight, including a tense one goal victory over Episcopal Houston (7-6) followed by a win over Kingwood (10-4). Strake needed a win over the Woodlands in their final district game to avoid a three way tie with Episcopal Houston and Kinkaid and to secure a number two seed for the playoffs. Starting the fourth quarter down 9-5, the Crusaders scored 5 unanswered goals eventually beating the Woodland (10-9). All State honors were awarded to senior middle Andrew Martin and senior Long Stick Middle John Rex Potts. Winning All District honors for the Crusaders were Chris Duin at attack and Joey Wippold at midfield.

2008 South District DI Champions The Woodlands started the 2009 season with five consecutive wins including a district win over Episcopal Houston (11-4) and a win over Episcopal Dallas (10-9) in an Inter-district game. After dropping a game to last year's State Champion Highland Park (6-17), the Highlanders also lost their first district game to St. John's (8-4). Coach Dave Seale's team then picked up three straight district wins over Kinkaid (11-5), Kingwood (14-6) and Lamar (10-4) before losing to Strake Jesuit (10-9), to place the Woodlands in the third seed of the district playoffs. In the first round of the playoffs, The Highlanders were victorious over Kingwood in an overtime game (10-9). Advancing to the quarter finals, The Woodlands again faced Strake Jesuit but their offense sputtered to lose to the Crusaders (11-6). Major contributors to the Highlanders season included Alec Hirvela at All-State Attack, Clarke Lewis at All-State Midfield, Sean Finney at All State Defense and South District Commissioner's Award winner and All-District Midfielder Ryan Conlon.

Episcopal Houston improved in 2009 going 3-3 in district play. Against St. John's, Episcopal played through two overtime periods before eventually falling (8-7). In their next game, Episcopal also suffered a one goal loss to Strake Jesuit (6-7). EHS won both of their Inter-District games against Southlake Carroll (11-9) and Central district foe McNeil (8-4). Closing out the season with district wins over Lamar (8-4) and Kingwood (8-7), Episcopal gained a fourth seed in the District playoffs. The Knights offense was clicking against Kinkaid in the first round of the playoffs, winning in convincing fashion (15-5). Episcopal Houston's tough luck resurrected however in the District semi-finals when in a rematch against St. John's a late goal put the Mavericks up for good (4-3). Winning All-State honors for EHS were junior Mike Linter at defense (also an All-American nominee) and senior face off specialist Parker Mason. Keeping the Knights in all of these close games in 2009 was All-District goalie Jack McDaniel. Will Alderman also earned All-District honors at midfield.

Kinkaid also split the district schedule winning games against Kingwood (10-7), Lamar (7-6) and eventual number two seed Strake Jesuit (11-8). The Falcons won their Inter-District game against St. Andrews (9-4) but lost to North District and fellow SPC team St. Marks (1-10). Kinkaid was placed in the number 5 seed in the District playoffs but ran into an offensive buzz saw in Episcopal Houston (15-5). Important to the success of the Falcons this year was All State and District MVP senior midfielder Zach Stoler, All State defenseman Matt Ryan, senior All District attackman Jarrett Wadler, and All-District sophomore Graham Bayley at Face-off.

First year head Coach Randy Block (and brother of Strake Jesuits Mike Block) lead a hard-nosed Kingwood team that tested the rest of Division I South. In mid April, Kingwood let Episcopal Houston slip past them (8-7), before winning their lone district game against Lamar (9-3) to earn the sixth and final district playoff spot. Kingwood's improvement towards the end of the season was evident in their first round playoff game against number three seed The Woodlands when Kingwood forced the game into overtime before losing to the Highlanders (11-10). Kingwood benefited from the talents of senior Colin Schopher, All-State winner and All-American nominee at attack.

Lamar was better this year but still struggled in district play by failing to win a district game. Lamar did however achieve some success by winning games against central district opponents Austin (6-5), St. Mary's Hall (10-2) and Central Catholic (9-2). Dave Vollmer's returns good numbers for 2010, especially in the rising sophomore and junior ranks. Winning All District awards for Lamar for 2009 are senior Nick Golden at attack and senior Clayton Cruthirds on defense.

On a somber note, the District and the league lost two players this year, Charles Alford of Starke Jesuit and Kody Soeder of the The Woodlands. Our thoughts go straight to those who were closest to Charles and Kody, the families, friends and teammates of Charles and Kody. On behalf of the Texas High School Lacrosse League's member teams, coaches and administrators, I would like to express our deepest sympathies.

Due to the huge growth of lacrosse in Houston, programs at the youth, middle school and high school level need parents of today's player to be active and volunteer their time to improve the quality of the game in Texas for future players. To volunteer, you can visit our website at THSL.org or you can email me at joseph.donoghue@comcast.net.

2009 South District – Division II Texas High School Lacrosse League

ALL-STATE

Position	Player	Team	Year
Attack	Patrick Furdon	Clear Lake	2009
Attack	Jon Kirk	Friendswood	2009
Attack	Robert Sauermann	Memorial	2010
Midfield	Jungji Weiner	Memorial	2009
Midfield	Colby Hunt	Bellaire	2010
Midfield	Zac Fry	Taylor	2009
Midfield	Matt First	SWLC	2009
Midfield	Jay Bowling	Cy Fair	2010
Defense	Brooks Creasey	Bellaire	2009
Defense	David Barry	Memorial	2009
Defense	Steve Kittleson	Clear Lake	2009
Goalie	George Albritton	Cy Fair	2009

ALL-DISTRICT

Position	Player	Team	Year
Attack	Mason Moore	Taylor	2010
Attack	Matt Prochazka	Clear Lake	2011
Attack	Sean McAvoy	Klein	2009
Midfield	Alex Cartright	Memorial	2009
Midfield	Evan Reagan	Clear Lake	2009
Midfield	Logan Elliott	Fort Bend	2010
Midfield	John Sanford	St. Thomas	2009
Midfield	Trevor Davis	SWLC	2010
Defense	Chris Stockinger	Klein	2010
Defense	Gus Amann	St. Thomas	2009
Defense	Brett Simpson	SWLC	2009
Goalie	Mike Candler	Clear Lake	2010

SEASON SUMMARY

The South DII season could be described in one word – parity. Up to the last week of the season we had 10 of the 15 total teams in the running to make the 6 team playoffs.

This is a 180 degree turn from the past seasons where we had a 1 or 2 team runaway from the rest of the pack.

Cy Fair again had a good season as they have had in the past, but other teams like Clear Lake, Memorial, SWLC, Klein and St. Thomas had good seasons also.

Memorial, Clear Lake and SWLC finished tied for 1st place with identical 12-2 records. Memorial won the district based on a tie breaker with Lake earning 2nd place and SWLC finishing 3rd.

Those three were followed by Cy Fair, Klein and St. Thomas respectively.

The South DII district was more competitive this year than in any of the past 5 years. I believe that the level of play has risen in the district due to a number of reasons.

First, more teams have middle school feeder programs than in the past.

Second, the level of coaching expertise has risen in the district.

Third, new teams such as St. Thomas and Friendswood are turning the corner in regards to their stick skill levels.

Lastly, more boys are playing in summer leagues or going to summer camps honing their stick skills and developing better fundamentals.

On a negative side we experienced more head injuries, which were mainly concussions this season. I worked with the coaches and the referees demanding foresight in regards to the players on the field with expectations of the referees and coaches diffusing a situation prior to it happening. We also increased the penalties associated with calls during the game and multi game suspensions should a game ejection occur.

It seemed to work for the remainder of the year.

The district will have a second annual All Star game in May and is also placing many players on the US Lacrosse Houston Chapter U-19 travelling team. This is the real first opportunity many of the DII boys will have to participate on a travelling All Star team.

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2009 Central District – Division I Texas High School Lacrosse League

ALL-STATE

Position	Player	Team	Year
Attack	Ben King	McNeil	2009
Attack	Sam Jones	Westwood	2010
Attack	Will Dubois	Austin	2009
Midfield	Will Merrit	Austin	2011
Midfield	Roderick Mayberry	Bowie	2009
Midfield	Tyler Downing	McNeil	2010
Midfield	Pierce Ingram	Westwood	2010
Midfield	Trevor Sieracki	Anderson	2010
LSM	Connor Griffin	McNeil	2010
Defense	Blake Mattison	McNeil	2009
Defense	Paul Swann	St. Mary's Hall	2009
Defense	Kyle Marmillion	Westlake	2009
Goal	Bass Barfield	Austin	2011

ALL-DISTRICT

Attack	JJ Jackson	Westlake	2010
Attack	Collin Clark	Anderson	2010
Attack	Andrew Doak	Bowie	2009
Midfield	Ryan Fairclough	Cedar Park	2009
Midfield	Dominic Pizzuti	Bowie	2011
Midfield	Kenneth Raney	Bowie	2009
Midfield	Ben Marrone	McNeil	2010
Midfield	Chris Ruiz	Bowie	2010
LSM	Jeremy Agness	Westlake	2010
Defense	Ryan Cassidy	Westwood	2009
Defense	Michael Fitzpatrick	St. Andrew's	2010
Defense	Rylan Gilley	Cedar Park	2009
Goal	Hunter Adams	McNeil	2009



SEASON SUMMARY

This season was one of parity across the Central District DI with final tournament seedings not decided until the last games of the season. The Central also added the Cedar Park Timberwolves who were the 2008 DII Champions. The McCallum Knights moved to DII to strengthen their program and improve their long term sustainability. It was a year of surprises with a change at the top after Austin High's three year reign at the top of the stack was ended.

The McNeil Mavericks led by local coaching veteran and new Head Coach Chris Mele finished 1st in the district with an undefeated district record of 9-0. The Mavericks were led by a strong defense and an experienced offense. Highlights of the season included overtime victories over close rivals. They will be a force to be reckoned with in the District Playoffs and are led by 7 post season All-State and All District players.

Austin High, led by Coach Andy Garrigan finished second in the Central and finished with a district record of 7-2. It was a hard fought season of rebuilding since the Maroons graduated 20 starters from last year's District Champion team. It was a hard fought season with 7 District games decided by 3 or less goals and winning the last 3 District games against rival teams. Austin hopes to carry momentum into the District Playoffs and earn their 4th trip in a row to the State Championships.

The Bowie Bulldogs finished 3rd in the district and has one of the most athletic teams in the Central. They had many hard won victories this year and finished with a District record of 7 wins and 2 losses. Bowie beat Westlake in the first round of the District Playoffs in a close battle that was decided in the last minutes of the game. The Bulldogs are experienced team led by many players that went to the DII State Championships just two years ago.

The Westwood Warriors led by Coach Evan Whelchel finished 4th in the Central in a year of growth for a young team. Westwood had a 5-4 district record with 6 games decided by 3 goals or less. The Warriors made their annual trip to the playoffs and were defeated by one goal in the first round by Cedar Park. The Warriors are a young team that gained a lot of experience this year so expect a lot of excitement from them in 2010.

The Cedar Park Timberwolves were a new addition to DI this year after moving up after their growth and success in DII. The team is led by a core group that led the T-Wolves to the DII State Championships last year. They are led by Coach Chris Knight, a veteran coach who has been with program many years. Cedar Park ended up in 5th place in the Central with a record of 5-4. They beat Westwood in the first round of the district playoffs to avenge a loss during regular season play.

Westlake, led by Coach Dave Lapin locked up the 6th spot in the Central to make the playoffs again. The Chaps had a district record of 5-4 with 9 games decided by 3 goals or less. They were defeated by Bowie in the first round of the playoffs. The Chaps continue to produce talented teams filled with good athletes. The youth programs in Westlake are some of the strongest in Austin so watch for continued growth and positive results from this team in the future.

Teams finishing out of the playoff mix in 2009 were Saint Mary's Hall Barons, led by their new Coach Mark Richards, the Anderson Trojans, led by Coach John Rosacker, the St. Stephen's Spartans led by Coach Chris Figueroa, and St. Andrew's Crusaders led by new Coach Nolan Godfrey.

The Central District continues to grow in numbers and youth programs continue to strengthen the talent pool across the district. Parity of play between the teams this year holds the promise of more competition and hard fought games to see who will represent the district in 2010.

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2009 Central District – Division II Texas High School Lacrosse League

ALL-STATE

Position	Player	Team	Year
Attack	Andy Uhl	McCallum	2010
Attack	Bit Rambusch	Stony Point	2010
Attack	Austin Fox	Stony Point	2011
Midfield	John Uhl	McCallum	2009
Midfield	Brad Johnson	Stony Point	2011
Midfield	David Tarsa	Harker Heights	2010
Midfield	Brendan Schindel	Stony Point	2010
Midfield	Luke Lossau	St. Michaels	2010
LSM/D	Diego Diaz	St. Michaels	2011
Defense	Jack Savoca	Stony Point	2009
Defense	Khobe Schofield	Vista Ridge	2010
Defense	Evan Heimer-Banks	McCallum	2009
Goal	Brian Finnegan	Westwood II	2009

ALL-DISTRICT

Position	Player	Team	Year
Attack	Ryan Constancio	Harker Heights	2009
Attack	Alex Noeller	Vista Ridge	2010
Attack	Andras Soto	Lake Travis	2011
Midfield	Matt Moreno	Stony Point	2009
Midfield	Andrew Bowan	McCallum	2010
Midfield	Michael O'Beirne	Westwood II	2010
Midfield	Bud Pelkey	Stony Point	2010
Midfield	Jack Fanning	Lake Travis	2012
LSM	Jake Godbolt	Stony Point	2009
Defense	Tim Salazar	Harker Heights	2009
Defense	Reid Thomas	McCallum	2009
Defense	Matt Williams	LBJ	2009
Goal	Tyler Devine	Vista Ridge	2010

SEASON SUMMARY

This was a milestone year for DII in the Central District as the Alamo subdivision (7 teams) was approved as a stand-alone DII district in San Antonio. With McCallum moving down from DI and Cedar Park moving up, the Central District II is represented by 8 teams this year. The regular season ends with teams going into a four-team playoff on May 2 and 3rd.

Stony Point (7-0)(#1): SP is in its 5th year, including one as a "New Team" and 4 within Division II and is in its second year under head coach Jamie Booth. This is their second trip to the district playoffs where they earned the #1 seed with an undefeated district season. Seniors Jack Savoca, Matt Moreno, Alex Bonelli and Jake Godbolt will be missed next year while underclassman Bit Rambusch, Austin Fox, Brad Johnson, Brendon Schendel, and Bud Pelkey will be back to help the Tigers reload. Coach Booth hopes to see continued growth in its feeder program and hopes to move to DI at some point in the future. Redistricting and the eminent opening of a new Round Rock high school will be watched closely by this program.

McCallum (6-1)(#2): After several years in DI, McCallum moved back to DII this season. Although they had success at the DI level when first moved up, as evidenced by getting to the final DI district playoff game, sustainability proved hard. While gifted with athletes such as underclassman Andy Uhl and Andrew Bowan, McCallum will lose John Uhl, Evan Heimer-Banks and Reid Thomas this year. With no JV team, a limited feeder program and only 27 players on the roster this year, McCallum has some work to do to maintain stability as our district becomes more competitive.

Harker Heights (4-3) (#3): Harker Heights is the most remote program in the central district. More than an hour north of Austin, HH has players from both local schools and from as far away as Belton. First-year coach Mike Tarsa will return next year as will his son, David, who proved to be a substantial threat for the Knights. Stabilization in the coaching staff is seen by the program as an important threshold to achieve. They will lose seniors Ryan Constancio and Tim Salazar, but spreading their recruitment base within the middle schools is a goal that will help the prospects for the future at Harker Heights.

Westwood II (3-4)(#4): Westwood is competing for the second year as a Dual-Division program. This is the first time that WW has qualified for the playoffs in both divisions. Their season schedule was tough early while personnel changes took a toll but two late-season wins allowed WWII to qualify for the final spot in the playoffs through the league tie-breaker rule. Senior goalie Brian Finnegan and underclassman Michael O'Bierne helped propel the DII Warriors toward post-season play. First-year coach Dom Ceci reports that he focused on team-play with his squad thorough out the year which seems to have paid off in the long run and will impact DI as players move up next year.

St. Michael's (3-4): The Crusaders just missed a chance at the playoffs this year. The tie breaker worked against them and leaves them with some motivation for next year. While St. Mikes has been around for a number of years, a swoon 3 years ago left them with just 13 players; their numbers have grown to 27 players this year. They will be graduating only 5 players and will be returning underclassmen Luke Lossau and Diego Diaz that contributed at the midfield and at defense. Fourth year head coach Brent Canady sees growing a feeder program and expanding the number of players as a priority in order to make another run at the playoffs next year.

Vista Ridge (3-4): The Leander Lacrosse program moved its home school to Vista Ridge High school this year. Coach Lynn Calhoun, coach of the year nominee, came with the team and is in his 5th year with the program(s). They have developed a JV team this year and look forward to helping expand lacrosse into the middle schools that feed Vista Ridge. As with most of the public school programs in our out-lying areas, quickly growing school districts, new high schools, and redistricting will be issues that will help to shape the future at Vista Ridge. Three Ranger players received post season honors and they will all be returning – Khobe Schofield, Alex Noeller and Tyler Devine. With a just-missed year, they will be hungry next year.

Lake Travis (2-5): After one year as a "New Team/DIII" program, LT is in its first year of district play. They scheduled their first home games this year and coordinated with the local campus. Lake Travis represents a new and hopeful growth paradigm – starting with a youth program. Lake Travis started its youth program in 2007 which spawned the high school team in 2008. This will provide a stream of experienced players which should allow LT to be competitive and sustainable. Second-year coach John Maggio will step back to the youth program he started and Neil Austrian will assume the role of Head Coach with a goal of creating a JV team next year. Newcomers Andreas Soto and Jack Fanning will return to help anchor an improving Lake Travis team in 2010.

LBJ (0-7): It has been a turbulent seventh year for LBJ. After two years as an assistant coach, former LBJ player Jonathon Schultz (2005) stepped in to fill the role of Head Coach. The team's recruitment base came entirely from within the magnet program on the LBJ campus. Building that base and developing a youth feeder-program will be important to the future of the program. Senior defenseman Matt Williams will be missed next year, but with a program focused on improving basic skills and the level of competition, LBJ hopes to build esteem within the program as well as within the district.

2009 San Antonio District – Division II Texas High School Lacrosse League

ALL-STATE

Position	Player	Team	Year
Attack	Evan Golden	Alamo Heights	2010
Attack	Tyler Cote	Reagan	2010
Attack	E.J. Neese	Texas Military Institute	2010
Midfield	Mark Maloney	Central Catholic	2009
Midfield	Justin Bruni	Texas Military Institute	2010
Midfield	Sergio Acuna	Reagan	2009
Midfield	Thomas Early	Central Catholic	2010
Face-off	Jake Watts	Texas Military Institute	2011
LSM	Garrett Pennabaker	Reagan	2010
Defense	Ben Noe	Alamo Heights	2009
Defense	Anthony Byron	Texas Military Institute	2009
Defense	Brian Morrell	Central Catholic	2009
Goal	Zach Peoples	Alamo Heights	2009

ALL-DISTRICT

Position	Player	Team	Year
Attack	Patrick Machell	Alamo Heights	2011
Attack	Mike Villa	Central Catholic	2010
Attack	Brett Atkinson	Reagan	2009
Midfield	Spencer Sparks	Alamo Heights	2009
Midfield	Greg Soto	Texas Military Institute	2010
Midfield	Tyler Daniels	Reagan	2011
Midfield	Carlos Gamez	Roosevelt	2009
Face-off	Brandon Hannah	Roosevelt	2009
LSM	Shane Winters	Texas Military Institute	2012
Defense	Joey Womack	St. Anthony's	2010
Defense	Matt Zdoncziki	Reagan	2010
Defense	D.J. Ayala	Central Catholic	2010
Goal	David Maynor	Texas Military Institute	2009

SEASON SUMMARY

"THSLL San Antonio DII is the newest district in the THSLL made up of the San Antonio teams of the Central DII District. All teams have been playing as little as two years and as long as 20, when the THSLL was first formed. The latest team is Madison High School which formed in the 2009 season and is the only Division III team in the District. The THSLL Board saw sufficient competitive teams to make up the new District and historically San Antonio and Austin were about even in District Championships. Central District DII is still considered our brother District and many of our teams played a substantial number of inter district games this season to assure their players received high level competition in DII.

Alamo Heights High School. (6-9). Starting their second year, Alamo Heights under the experienced tutelage of Coach David Monnich, who played in college, and who continues to build a strong team base. This year was a building year for AH since they lost many seniors to graduation last year. They finished 4th in the District and look forward to an even more successful year next year. Coach Monnich played a substantial number of interdistrict games to assure his players got high level competition for this young team. Coach Monnich also with his assistant coaches continues to build a strong middle school base in the Alamo Heights ISD to feed into his program.

Central Catholic High. (11-6). One of the charter members of the THSLL Central has been fortunate to have many returners this year and has posted a strong season record but has had solid competition within the SA District. Coach Jay McCracken continues to build a solid core of players with a relatively small core of athletes. Fortunately he has had **CC** football players in many of his key positions on the team.

Keystone School: Also one of the charter members of the Central District DII and now **SA** DII. Unfortunately due to a substantial number of season ending injuries and the need to find a new head coach, Keystone did not compete this year. We expect them to return next year with a solid squad.

LaVernia High School: LaVernia located near Floresville is the most remote located team we have from the core of San Antonio. Lacrosse to LaVernia was a brand new sport to this mostly farming and ranching community and Coach Bill Hicklin has built a team through tenacity and support from a core of parent volunteers. Coach Hinklin, like all of SA DII coaches comes for the solid core of post collegiate club players who, rather than hang up their stick, continue their lacrosse careers by coaching and mentoring young boys to play and love the game. These Post Collegiate players have been the base core of successful teams in the 20 years of THSLL's history.

Madison High School: This was the first year for Madison High School under Coach Alex Williams. They had a difficult start this season from finding a new field to teaching new boys a totally new sport. Coach Williams played lacrosse in college, so he brings a depth of experience to this new team. We look forward to his continuing to build a team and becoming more competitive next season.

Reagan High School: (8-2) In its 3rd year, Reagan high school continues its strong athletic program. For such a young school they have won many UIL district and state competitions in other sports in their short life. Coach Doug Campbell continues to build strong athletes and a strong team. Strong support from a committed parent organization has been a key to their continued success. We see Reagan continuing to be one of the top tier teams not only in San Antonio but in the state in the next couple of years. They have a strong student body to draw from and will continue to build this strong team.

Roosevelt High School: (3-9). Roosevelt has made substantial progress this year from no wins in their inaugural year in 2008 to three good wins this year. Coach Blake Radetzky continues to build a solid team. He also has formed a girl's team this year, the only one in San Antonio and is scheduled to play some girls teams in Austin. Go Blake. We see Roosevelt continuing to build a solid team next year and being more competitive.

Saint Anthony's: (0-10) Hat's off to Coach Nathan Torok for rebuilding the team to a school based team, with only players from St. Anthony's. For his efforts he was voted SA District's Coach of the year. This small private catholic school, while having a limited, pool of athletes still is striving to keep 100% players. Building a solid school based team had greater importance than winning a lot of games. Coach Torok is very much respected in our District for his efforts. We look forward to his building efforts for next season. He has served as a great example to his players and parent organization.

Texas Military Institute: (5-5) Coach John Beck had a good District Season this year and played a substantial number of interdistrict games both from Austin and Houston, giving his team high competitive experience. They finished in the top three and will be playing for the District Championship along with Alamo Heights, Central Catholic and Reagan. We expect TMI to continue their competitive level next season.

All 8 active San Antonio District Division II-III programs - players, coaches, administrators, parents, and supporters, together, made 2009 a great inaugural season, and have set the stage for an exciting 2nd year for the San Antonio and an exciting first District Championship. weekend. The THSLL San Antonio District Division II-III Coordinator congratulates them all and it has been a pleasure to serve all the teams. We look forward to the 2010 season and successful completion of the 2009 season.

2009 North District Division III Season Summary

"THSLL Division III teams are generally new or relatively new teams still working towards critical mass of players, coaches, funding, fields, administrative support and school / city / community support."

Tell that to the players and coaches of the 2009 North District Division III teams whose top three teams had 10-6, 8-7, and 6-6 records respectively, and after all games played it all came down to a three-way tie for first place and another three-way tie for fourth place for the North District Division III Championship weekend.

Ft. Worth Country Day, Keller, and Colleyville all had 5-1 records in district play, and were tied in both head-to-head play and goal differential. The next tie breaker was number of goals allowed, and Ft. Worth Country Day and Keller were tied in goals allowed, which created a two-way tie. Ft. Worth won that head-to-head, so they ended up as the #1 seed for the North District Division III Championship weekend.

Rockwall, Trinity, and Wylie all had 2-4 records in district play creating a three-way tie. The tie was broken by goal differential, and Wylie (+5) earned the #4 seed for the North District Division III Championship weekend.

That should be a good indicator of how fierce the competition has been in 2009 among the North District Division III teams, and a preview of the outstanding weekend of lacrosse we will experience as these teams compete for the 2009 North District Division III Championship.

For team perspectives on the North District Division III, let's hear what the coaches from last year's North District Division III Champion and this year's North District Division III #3 seed - Colleyville, this year's North District Division III #1 seed - Ft. Worth Country Day, and the newest North District Division III team - Lake Highlands, had to say about the 2009 season.

Colleyville (6-6) 2008 North District Division III Champion and 2009 North District Division III #3 Seed - Colleyville began the season with more questions than answers. After winning the North District Division III championship in 2008 they graduated almost everyone who played on the team. They have 17 players who purchased their first stick in January. Their team finished 5-1 in district play in spite of their obvious inexperience. They have worked very diligently at learning how to play the game and are committed to continue to improve each and every week. They are proud to have the opportunity to try and repeat as North District Division III champions.

Ft. Worth Country Day (10-6) 2009 North District Division III #1 Seed - The Falcons have turned a corner in their level of play on the Lacrosse field. Their seniors have set the standard high and the team has worked very hard to achieve success this season. With a current 9-6 record and entering the play-offs as the #1 seed there is a great feeling of pride and anticipation on their campus. In three years of play, the school and community has welcomed and embraced the new sport. Win or lose, the game of Lacrosse has given many athletes at the school a sense of belonging and will continue to be an important part of their lives.

Lake Highlands 2009 New North District Division III Team - 2009 marks the first year for Lake Highlands/R.I.S.D. to field a team at the high school level. Building on its success at younger ages, the team also had many players who had never played lacrosse competitively before. Despite a losing season, the team steadily improved every time it took the field. It has laid a solid foundation for the coming years in the lacrosse community.

All seven North District Division III programs - players, coaches, administrators, parents, and supporters, together, made 2009 a great season, and have set the stage for an exciting North District Division III Championship weekend. The THSLL North District Division III Coordinator congratulates them all, looks forward to the North District Division III Championship weekend, and wishes them all another great season in 2010.

SPORTSMANSHIP

Any person acting in an unacceptable manner faces removal from the game. Remember – it is a privilege to watch these young men compete and it should be an honor to support their efforts. Let's remember that the actions we take speak louder and last longer than anything we say. At the end of the day, what kind of fan will you be and what kind of message will you send to the players, coaches, other fans, and the officials?

Acceptable Behavior

- Know the rules and strategies of the game in order to cheer at proper times.
- Maintain enthusiasm and composure, serving as a role model.
- Participate positively in the game by supporting coaches and players.
- Exercise good judgment in cheering for outstanding performance, not against opponents or to ridicule an error. It is certainly acceptable to applaud all participants at the end of the contest.
- Be an exemplary role model by positively supporting teams in every manner possible including content of cheers and signs.
- Show respect and concern for an injured player – regardless of team.
- Respect decisions made by Officials.
- Realize that a ticket represents a privilege and a responsibility to observe and positively support a high school activity, not a license to verbally assault others or be obnoxious.
- Respect fans, coaches and participants.
- Encourage surrounding fans to display only sportsmanlike conduct.
- Resist being drawn into negative conduct by other fans – including opposing fans.

Unacceptable Behavior

- Disrespectful or derogatory yells, songs, gestures, or cheers.
- Booing or heckling an official's decision, criticizing officials in any manner, displays of temper with an official's call.
- Yells that antagonize opponents.
- Blaming loss on officials, coaches or players.
- Yelling at or criticizing coaches or participants of either team.
- Attempting to coach from the bleachers or sidelines---giving specific instructions to a player.
- Destruction of property, signage or equipment.
- Running onto the field of play before, during or after the game.
- Engaging an opposing fan in a dispute or argument.
- Use of profane, vulgar, or abusive language.

NCAA Rule 2, Section 4

- The head coach also shall be in control of and be responsible for the actions of any and all persons officially connected with his or her institution.
- Coaches shall assist the officials in keeping the game under control. It shall be their duty, upon the request of an official, to control effectively actions of spectators not in conformity with standards of proper conduct.

The Game of Lacrosse

Lacrosse, considered to be America's first sport, was born of the North American Indian, christened by the French, and adapted and raised by the Canadians. Modern lacrosse has been embraced by athletes and enthusiasts of the United States and the British Commonwealth for over a century.

The sport of lacrosse is a combination of basketball, soccer and hockey. Anyone can play lacrosse—the big or the small. The game requires and rewards coordination and agility, not brawn. Quickness and speed are two highly prized qualities in lacrosse.

This is Lacrosse

An exhilarating sport, lacrosse is fast-paced and full of action. Long sprints up and down the field with abrupt starts and stops, precision passes and dodges are routine in men's and women's lacrosse. Lacrosse is played with a stick, the crosse, which must be mastered by the player to throw, catch and scoop the ball.

Lacrosse is one of the fastest growing team sports in the United States. Youth participation in the sport has grown over 500% since 1999 to nearly 250,000. No sport has grown faster at the high school level over the last 10 years and there are now an estimated 200,000 high school players. Lacrosse is also the fastest-growing sport over the last six years at the NCAA level, and that's just the tip of the iceberg. There are more than 500 college club programs, including nearly 200 women's teams that compete at the US Lacrosse Intercollegiate Associates level.

Brief History

With a history that spans centuries, lacrosse is the oldest sport in North America. Rooted in Native American religion, lacrosse was often played to resolve conflicts, heal the sick, and develop strong, virile men. To Native Americans, lacrosse is still referred to as "The Creator's Game."

Ironically, lacrosse also served as a preparation for war. Legend tells of as many as 1,000 players per side, from the same or different tribes, who took turns engaging in a violent contest. Contestants played on a field from one to 15 miles in length, and games sometimes lasted for days. Some tribes used a single pole, tree or rock for a goal, while other tribes had two goalposts through which the ball had to pass. Balls were made out of wood, deerskin, baked clay or stone.

The evolution of the Native American game into modern lacrosse began in 1636 when Jean de Brebeuf, a Jesuit missionary, documented a Huron contest in what is now southeast Ontario, Canada. At that time, some type of lacrosse was played by at least 48 Native American tribes scattered throughout what is now southern Canada and all parts of the United States. French pioneers began playing the game avidly in the 1800s. Canadian dentist W. George Beers standardized the game in 1867 with the adoption of set field dimensions, limits to the number of players per team and other basic rules.

New York University fielded the nation's first college team in 1877, and Philips Academy, Andover (Massachusetts), Philips Exeter Academy (New Hampshire) and the Lawrenceville School (New Jersey) were the nation's first high school teams in 1882. There are 400 college and 1,200 high school men's lacrosse teams from coast to coast.

The first women's lacrosse game was played in 1890 at the **St. Leonard's School in Scotland**. Although an attempt was made to start women's lacrosse at Sweet Briar College in Virginia in 1914, it was not until 1926 that Miss Rosabelle Sinclair established the first women's lacrosse team in the United States at the Bryn Mawr School in Baltimore, Maryland.

Men's and women's lacrosse were played under virtually the same rules, with no protective equipment, until the mid-1930s. At that time, men's lacrosse began evolving dramatically, while women's lacrosse continued to remain true to the game's original rules. Men's and women's lacrosse remain derivations of the same game today, but are played under different rules. Women's rules limit stick contact, prohibit body contact and, therefore, require little protective equipment. Men's lacrosse rules allow some degree of stick and body contact, although violence is neither condoned nor allowed.

Field lacrosse is sometimes perceived to be a violent and dangerous game, however, injury statistics prove otherwise. While serious injuries can and do occur in lacrosse, the game has evolved with an emphasis on safety, and the rate of injury is comparatively low. Ensuring the safety of participants is a major focus for US Lacrosse and its **Sports Science and Safety Committee**, which researches injury data in the sport and makes recommendations to make the game as safe as practicable.



Basics of the Game

The Field: Lacrosse is played on a field approximately the size of a football field: 110 yards long by 60 yards wide. The goals are 6 feet square and are placed in a crease, which is a circle with a 9-foot radius. Offensive players are not allowed in the crease at any time during the game.

The sticks used today are generally made of molded plastic with either a nylon mesh or a leather and nylon woven pocket, with either an aluminum, titanium or alloy handle. The sticks vary in length from 40 to 72 inches, depending upon the position played.

Players: There are 10 players in action at one time on a lacrosse team: a goalie, three defensemen, three midfielders, and three attackmen. At all times, a team must have three men on its offensive half of the field and four men on its defensive half.

Goalie: The goalie's responsibility is to protect the goal and stop the opposing team from scoring. A good goalie also leads the defense by reading the situation and directing the defenseman to react. A good goalie should have excellent hand/eye coordination and a strong voice. Quickness, agility, confidence and the ability to concentrate are also essential. Each team has one goalie in the goal during play.

Defensemen: The defenseman's responsibility is to defend the goal. The defenseman generally restricts his play to the defensive end of the field. A good defenseman should be able to react quickly in game situations. Agility and aggressiveness are necessary, but great stick work is not essential to be effective. Each team should have three defensemen on the field.

Midfielders: The midfielder's responsibility is to cover the entire field, playing both offense and defense. The midfielder is key to the transition game, and is often called upon to clear the ball from defense to offense. A good midfielder demonstrates good stick work including throwing, catching and scooping. Speed and stamina are essential. Each team should have three midfielders on the field.

Attackmen: The attackman's responsibility is to score goals. The attackman generally restricts his play to the offensive end of the field. A good attackman demonstrates excellent stick work with both hands and has quick feet to maneuver around the goal. Each team should have three attackmen on the field during play.

Playing the Game

Offensively: On offense, the attacking team will run set plays and formations just as a basketball team would, with cutters, picks (no moving picks allowed), and feeders. They will usually go one-on-one, or free-lance. Naturally, there are numerous opportunities for fast breaks, or unsettled situations.

Defensively: On defense, teams usually play man-to-man with a team concept of backups and slides to assist a teammate. When a person has the ball, a defensive player may check (hit) his stick or his hands in order to try to dislodge the ball. He may also deliver a body check to the player from the front between the waist and the shoulders. In addition, in a loose-ball situation, a player may hit any opponent within 5 yards of the ball in the same manner.

Lacrosse Skills

Checking: The act of attempting to dislodge the ball from an opponent's stick.

Poke Check: A stick check in which the player pokes the head of his stick at an opponent's stick through the top hand by pushing with the bottom hand.

Slap Check: A stick check in which a player slaps the head of his stick against his opponent's stick.

Cradling: The coordinated motion of the arms and wrists that keep the ball secure in the pocket and ready to be passed or shot when running.

Cutting: A movement by an offensive player without the ball, toward an opponent's goal, in anticipation of a feed and shot.

Feeding: Passing the ball to a teammate who is in position for a shot on goal.

Roll Dodge: An offensive move in which a ball carrier, using his body as a shield between a defensive player and the cradled ball, spins around the defender.

Passing: The act of throwing the ball to a teammate with a crosse.

Scooping: The act of picking up a loose ball with a crosse.

Screening: An offensive tactic in which a player near the crease positions himself so as to block the goalkeeper's view of the ball.

Shooting: The act of throwing the ball with the crosse toward the goal in an attempt to score.

Slide: When an offensive player without possession of the ball positions himself in front of the opposing goal crease in an effort to block the goalkeeper's view.

Zone Defense: When defenders play in specific areas of their defensive zone, rather than covering man to man.

Glossary of Terms

Attack Goal Area: The area defined by a line drawn sideline-to-sideline 20 yards from the face of the goal. Once the offensive team crosses the midfield line, it has ten seconds to move the ball into its attack goal area.

Body Check: Contact with an opponent from the front – between the shoulders and waist – when the opponent has the ball or is within five yards of a loose ball.

Box: An area used to hold players who have been served with penalties, and through which substitutions "on the fly" are permitted directly from the sideline onto the field.

Clamp: A face-off maneuver executed by quickly pushing the back of the stick on top of the ball.

Clearing: Running or passing the ball from the defensive half of the field to the attack goal area.

Crease: A circle around the goal with a radius of nine feet into which only defensive players may enter.

Defensive Clearing Area: The area defined by a line drawn sideline-to-sideline 20 yards from the face of the goal. Once the defensive team gains possession of the ball in this area, it has ten seconds to move the ball across the midfield line.

Extra man offense (EMO): A man advantage that results from a time-serving penalty.

Face-Off: A technique used to put the ball in play at the start of each quarter, or after a goal is scored. The players squat down and the ball is placed between the crosses.

Fast Break: A transition scoring opportunity in which the offense has at least a one-man advantage.

Foul/Penalty: An action, which is not allowed in boy's lacrosse and results in a player serving time, much like hockey.

Ground Ball: A loose ball on the playing field.

Personal Fouls

Generally a one minute penalty

Slashing: Occurs when a player's stick viciously contacts an opponent in any area other than the stick or gloved hand on the stick.

Tripping: Occurs when a player obstructs his opponent at or below the waist with the crosse, hands, arms, feet, or legs.

Cross Checking: Occurs when a player uses the handle of his crosse between his hands to make contact with an opponent.

Unsportsmanlike Conduct: Occurs when any player or coach commits an act which is considered unsportsmanlike by an official, include taunting, arguing, or obscene language or gestures.

Unnecessary Roughness: Occurs when a player uses a crosse that does not conform to required specifications. A crosse may be found illegal if the pocket is too deep or if any other part of the crosse was altered to gain an advantage.

Illegal Body Checking: Occurs when any of the following actions take place:

- a. Body checking an opponent who is not in possession of the ball or within five yards of a loose ball.
- b. Avoidable body check of an opponent after he has passed or shot the ball.
- c. Body checking an opponent from the rear or at or below the waist.
- d. Body checking an opponent above the shoulders. A body check must be below the shoulders and above the waist and both hands of the player applying the body check must remain in contact with his crosse.

Illegal Gloves: Occurs when a player uses gloves that do not conform to required specifications. A glove will be found illegal if the fingers and palms are cut out of the gloves. or if the glove has been altered in a way that compromises its protective features.

Technical Fouls

Generally a 30 second penalty

Holding: Occurs when a player impedes the movement of an opponent or an opponent's crosse.

Interference: Occurs when a player interferes in any manner with the free movement of an opponent, except when that opponent has possession of the ball, the ball is in flight and within five yards of the player, or both players are within five yards of a loose ball.

Offsides: Occurs when a team does not have at least four players on its defensive side of the midfield line or at least three players on its offensive side of the midfield line.

Pushing: Occurs when a player thrusts or shoves a player from behind.

Screening: Occurs when an offensive player moves into and makes contact with a defensive player with a purpose of blocking him from the man he is defending.

Stalling: Occurs when a team intentionally holds the ball, without conducting normal offensive play, with the intent of running time off the clock.

Warding: Occurs when a player in possession of the ball uses his free hand or arm to hold, push or control the direction of an opponent's stick check.

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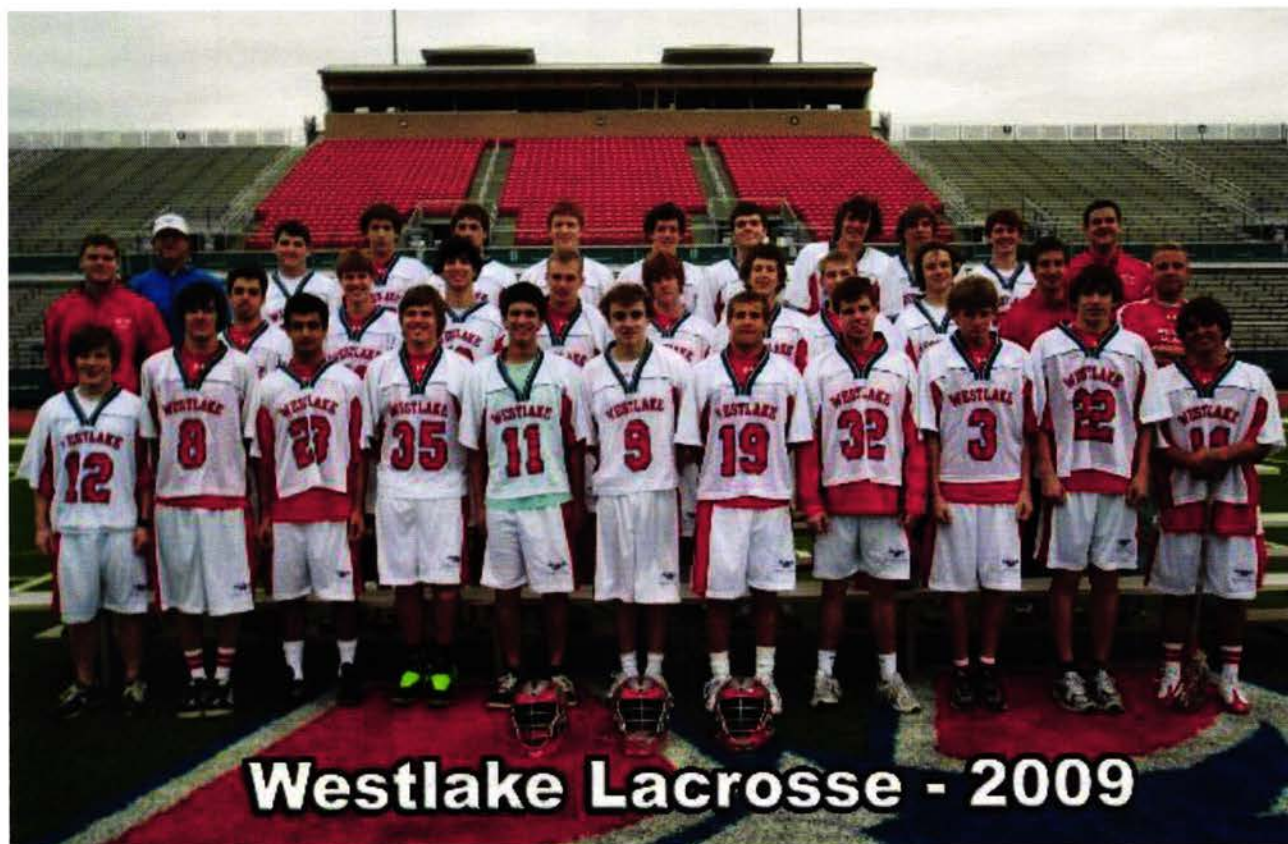
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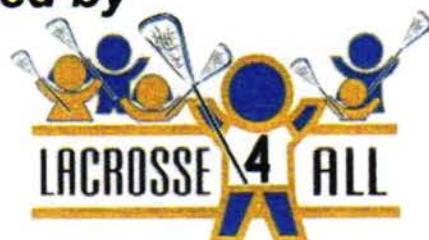
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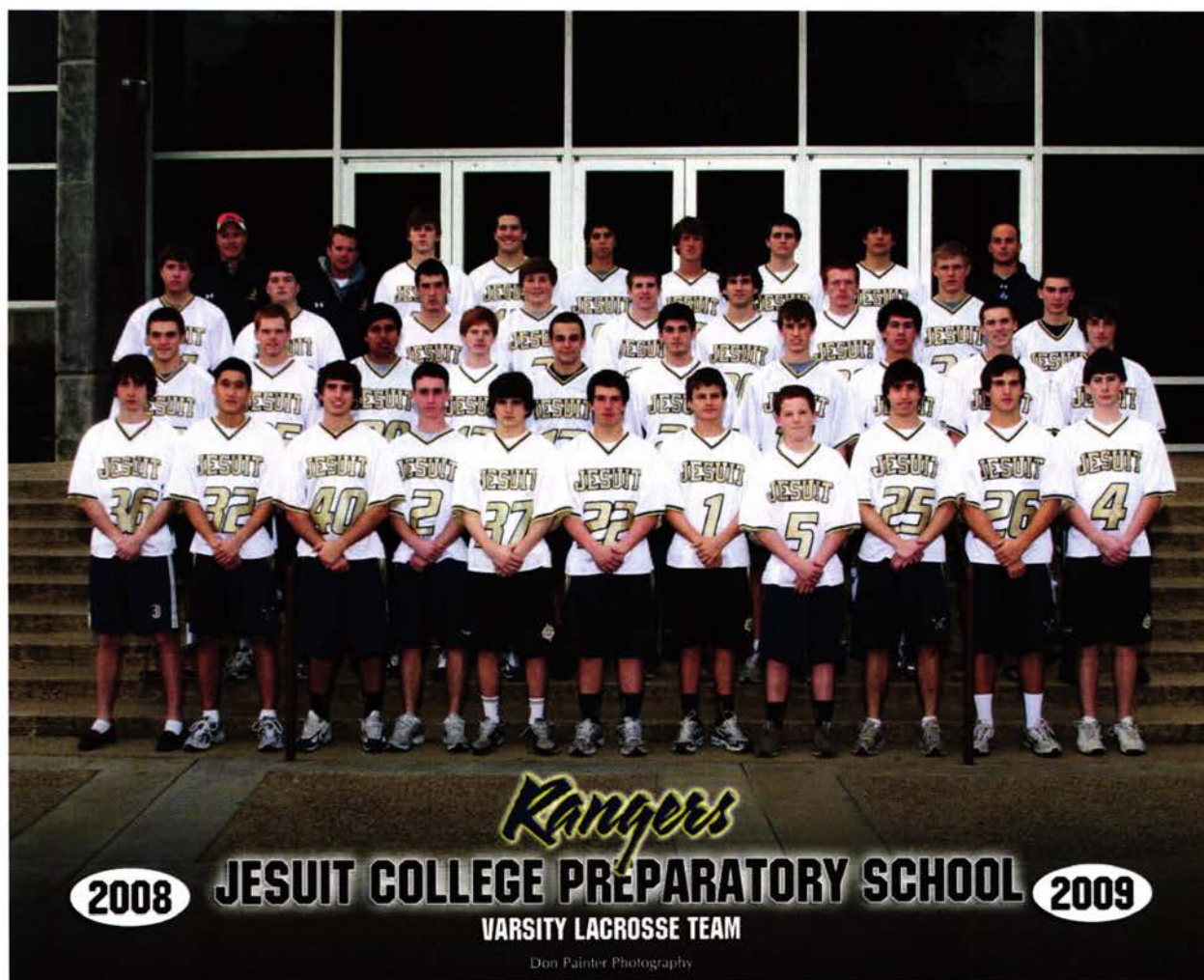
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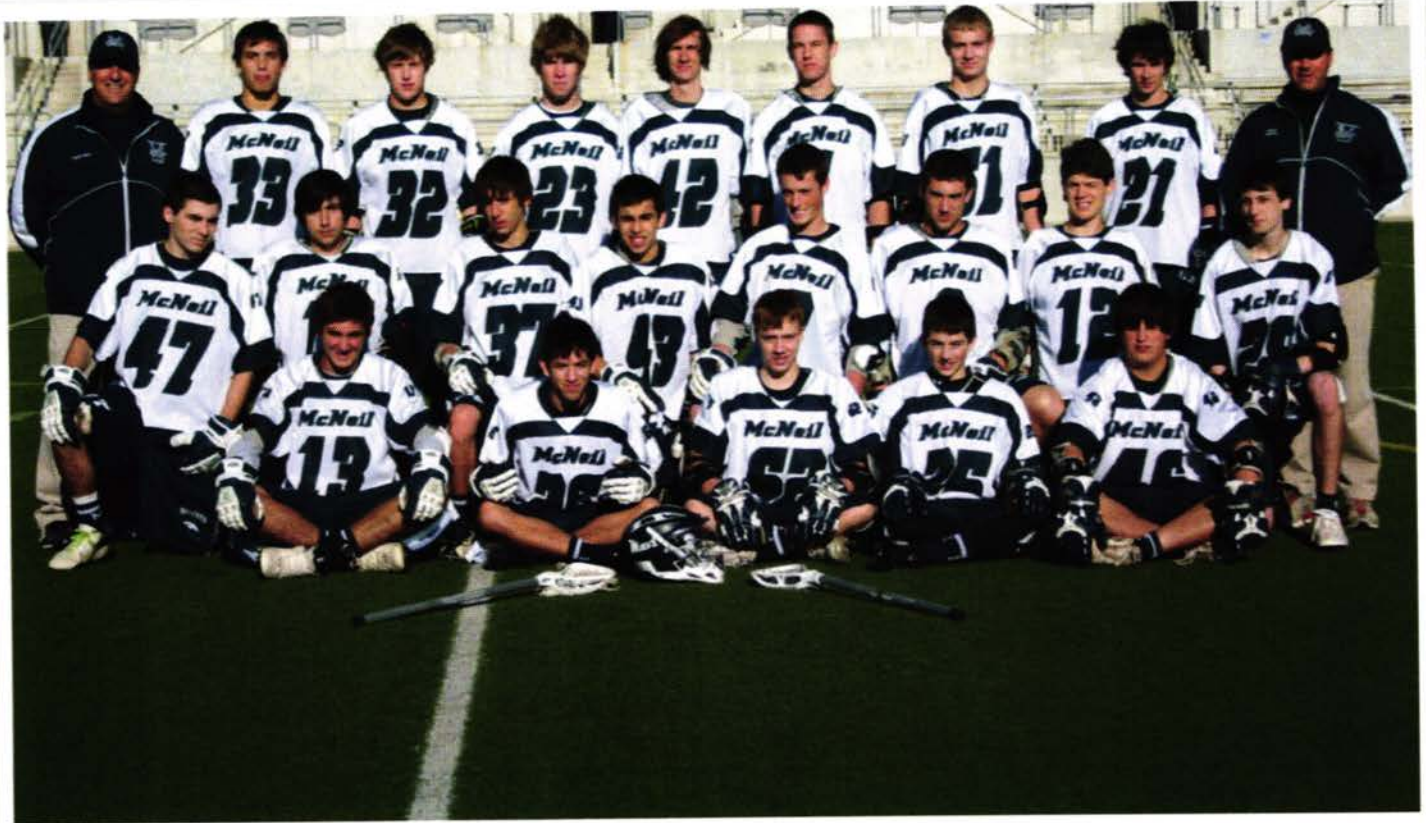
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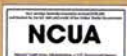
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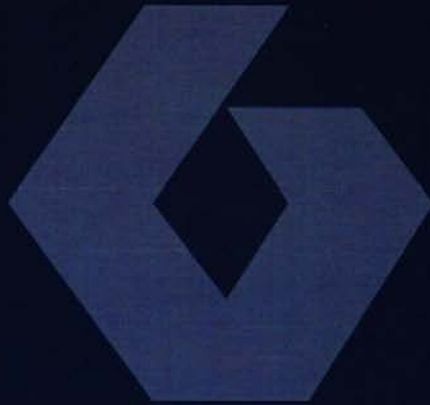
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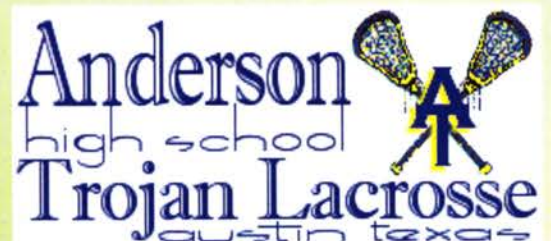
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